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## **HEALTH RESEARCH**

**Rajeshwari P. N.**

Asst. Prof. of Shalya Tantra, Amrita School of Ayurveda, Vallickavu, Kerala, India

Corresponding Author: drrajeshwariphd@gmail.com

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*“The whole of science is nothing more than a refinement of everyday thinking”*

- Albert Einstein

Proper planning, accuracy in data collection and proper unbiased interpretations are the key attributes of a scientific research. Research can be defined as the systematic collection, description, analysis & interpretation of data to answer certain questions or to solve the problems. Health research can be defined as the process for systematic collection, description, analysis and interpretation of data that can be used to improve the health of individuals or groups.

Research is not complete until it is communicated to the beneficiaries. This should not be limited to writing and publishing a scientific paper or making a scientific presentation. The results of each study should reach the student community, scientific fraternity and also to the public. Remember the research process not only involves doing the research, but also assessing and evaluating research done by others.

### **Communicating the Research**

Much of the communications are done to the fellow scientists, but the beneficiaries of health research are much broader than the scientific community and they are entitled to the information. Communication to scientists is exhibited in the form of publication in peer reviewed scientific journals. Presently media, internet, symposiums, conferences, scientific meetings has created an opportunity to the researchers to communicate their research findings to a much wider audience. We are providing young scientists, practitioners a forum to unwrap their knowledge and to create a favourable scientific public environment which is essential for our Science to flourish globally.

*“Science is not to be admired, Science is to be questioned”*

(Courtesy: A concise study material on health Research Methodology)

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