



**AAMJ**

# Editorial

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## Relative Conglomeration of Ayurveda and Contemporary Sciences

Dr. Rajeshwari.P.N, M.S (Ayu), Ph.D \*

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Ayurveda is an ancient science, most of the concepts, treatments methods are philosophical and empirical. These are the statements often we find in & around us. Despite of empirical & philosophical touch it is too scientific. Theories of Ayurveda should be understood, interpreted and documented scientifically by means of Contemporary science and technology. This information will provide a value to our science in scientific forum.

It's explained in Sushruta Samhita that...

एकं शास्त्रमधीयानो न विद्याच्छस्त्रानिश्चयं ।

तस्माद्बहुश्रुतः शास्त्रं विजानियाच्चिकित्सकः ॥ सु . सू . ४/७

A physician, who is mastered in single subject of science, cannot become a great professional. So it is very essential to have the knowledge of related contemporary sciences to give justice to his subject and work rationally. Ayurveda needs the same. We need to understand and evaluate our science on various scientific backgrounds to unearth the hidden principles of treatment. This will truly enhance the scope of Ayurveda in the preventive and curative Health care system.

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